The Roadmap to Retirement section of the PRC website has links to IRS and DOL information on all these topics.

http://www.pensionrights.org/roadmap-retirement

Here is a fact sheet on correcting mistakes in 401k plans

http://www.pensionrights.org/publications/fact-sheet/how-retirement-plans-can-fix-contribution-mistakes

For lost plans, callers may find information on the National Registry of Unclaimed Retirement Benefits. This website provides information on benefits that have been paid out of plans and placed into IRAs because the participant didn't respond or couldn't be located.

National Registry (unclaimedretirementbenefits.com)

Here is a link to a DOL tool for searching for an abandoned plan. This often occurs if a small company goes out of business and the plan sponsor just walks away.

<u>Abandoned Plan Search (dol.gov)</u>

Here is a link to the DOL EBSA Regional Offices:

https://www.dol.gov/agencies/ebsa/about-ebsa/about-us/regional-offices

Here is an article on locating lost retirement benefits:

What Are Unclaimed Retirement Benefits and How to Find Them (msn.com)

These IRS pages answer questions about plan loans:

Retirement Plans FAQs regarding Loans | Internal Revenue Service (irs.gov)

Retirement Topics Loans | Internal Revenue Service (irs.gov)

These IRS pages answer questions about hardship withdrawals:

Retirement Topics - Hardship Distributions | Internal Revenue Service (irs.gov)

Retirement Plans FAQs regarding Hardship Distributions | Internal Revenue Service (irs.gov)