



advocacy | action | answers on aging

Meeting the Needs of Older Adults Through Volunteer Service

Peter Lane, Director,
Aging Network Volunteer Resource Center

National Pension Assistance Resource Center
June 14, 2017

National Association of Area Agencies on Aging

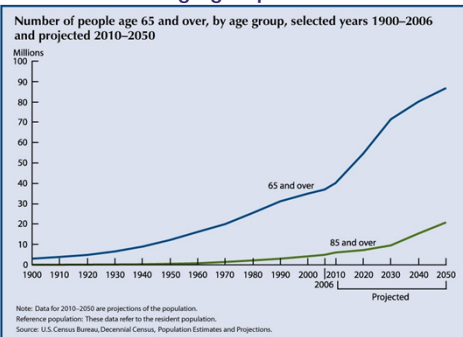
Aging Network Volunteer Resource Center



- Strengthen the capacity of the Aging Network to engage volunteers, especially older volunteers
- Approximately 90,000 volunteers with Area Agencies on Aging
- The Center provides technical assistance, programming, consulting, and materials
- Funded by the Administration for Community Living

National Association of Area Agencies on Aging

The Aging Population



National Association of Area Agencies on Aging

Today's Generation of 55+ Volunteers



- A project with defined outcome
- Uses experience and offers skill development
- Opportunities for input, leadership, autonomy



National Association of Area Agencies on Aging

Health and Wellness Benefits of Volunteering

Doing Good is Good for You



Cooperation for National & Community Service: The Health Benefits of Volunteering: A Review of Recent Research, May 2012
www.nationalvolunteercenter.org/pdf/HealthBenefitsVolunteering_Executive.pdf

- Improved cognitive, emotional, and physical health with just 2 hours of volunteering per week
- Volunteers spend fewer nights in hospitals



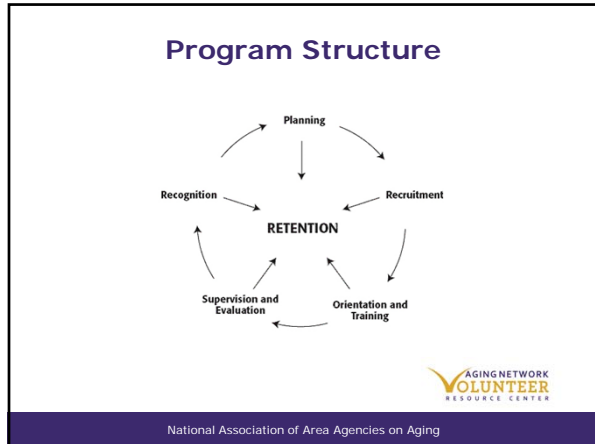
National Association of Area Agencies on Aging

Pension Action Center Experience

- Volunteer pension counselors since 1994
- 3-6 volunteers
- Commit to 2 days/week
- Challenge to fill but a strong return on investment (some have stayed up to 15 years!)
- Treated like a job; they receive a small stipend



National Association of Area Agencies on Aging



The Result!

"I am so grateful for you and all of your hard work that you have done for someone you never even met in person. You are an angel on earth. I had searched 8 years and kept hitting walls until you came along and found it!

Words cannot express how grateful I am for you and all who helped. From my whole heart THANK YOU !

You are amazing."



AGING NETWORK
VOLUNTEER
RESOURCE CENTER

National Association of Area Agencies on Aging

Volunteers and the Aging Network



- What is your experience working with volunteers?
- What are the challenges and opportunities for your project or center?

AGING NETWORK
VOLUNTEER
RESOURCE CENTER

National Association of Area Agencies on Aging

Thank You!

Peter Lane, plane@n4a.org 202-872-0888

More info: <http://www.n4a.org/volunteercenter>

n4a National Conference, July 29-August 2, 2017
in Savannah, GA <http://www.n4aconference.org/>



National Association of Area Agencies on Aging
